

HORIZON

Discover more on board Arcadia

Friday 22 July 2016

Sunrise: 5.12am - Sunset: 9.22pm | Weather: Mostly Sunny | Temp: 22°C

Tonight's dress code

Black Tie

Dinner Jacket, Tuxedo or dark suit and tie for gentlemen, ball gown, trouser suit or cocktail dress for ladies.



Port Talk: Tallinn

Tallinn is perhaps one of the most beautiful cities that we will visit this cruise. It is quirky and charming and has much to offer visitors. Let Romina unfold its secrets and give you some guidance on how to make the most of your time ashore here.

10.00am

Palladium Theatre (Decks 1, 2 & 3) Forward

Port Talk: Helsinki

Helsinki is known as the Daughter of the Baltic and has a fascinating history and a stunning location. There is much to see and do here, from the Sebelius Monument to the unusual Rock Church, cruising the archipelago or visiting an open-air museum. This afternoon Romina reveals all to you.

2.00pm

Palladium Theatre (Decks 1, 2 & 3) Forward



Lacquer Lecture

Join guest speakers Carl and Jessica for this fascinating story exploring the history and folklore behind some of Russia's unique and beguiling native arts and crafts. The hand painted paper mache boxes are among the most beautiful and distinctive of Russia's artistic achievements.

11.15am The Globe (Deck 2) Midship

Amber Lecture

At 3.15pm please join our guest lecturer in the Palladium Theatre for "Baltic Amber, the ancient gold of the north", the fabulous history of mankind's earliest gem, with tips on how to spot real Amber from fake Amber.

3.15pm

Palladium Theatre (Decks 1, 2 & 3) Forward

The Oasis Spa Awaits You

Welcome to the Oasis Spa & Health Club. Let your worries dissolve as we nurture your entire being with opulent spa therapies, beauty services, fitness programmes and state-of-the-art facilities that promise to relax the mind and body and leave you feeling great.

8.00am-9.30pm

Oasis Spa & Fitness Centre (Deck 9) Forward (Tel:36004)



British Fun Of The Fair

This morning the Entertainment Team will be holding fun events and street party style games around the pool. Human Horse Racing, Guess the Weight of the Cake, Bash the Rat and Golf Putting are all included. Join your Entertainment team for a bit of fun British Fete style.

10.00am-11.00am Neptune Pool (Deck 9) Midship



Gallery Tour

Your on-board Art Experts invite you to join them for a glass of bubbly and a tour of the Whitewall Gallery, taking you around the paintings as we learn a bit more about the artists behind the works. Learn all about the artists, their works, inspirations and styles. Prepare to be inspired.

11.00am & 2.00pm Whitewall Gallery (Deck 2) Midship



Soft Focus Portraits

Want to look ten years younger? We have just the solution with this flattering photograph. Look out for your professional photographers in the restaurant this evening for this classic memento.

6.30pm & 8.30pm Meridian Upper (Deck 3) Aft



A Night Of A Thousand Stars

Tonight Headliners pay their respects to the "greatest variety theatre in the world" - The London Palladium. For over 100 years The Palladium has been an entertainment icon, with the biggest stars in the world stepping into its spotlight. So join us as we pay tribute to this legendary venue.

8.30pm & 10.30pm Palladium Theatre (Decks 1, 2 & 3) Forward



Today's Activities



Black Tie Bubbly

Enjoy the glamour of black tie night with a glass of Lanson Black Champagne for only £5.95.

Treat yourself to pre-dinner drink, when listening to live music later in the evening - or both!

Available in all bars

From 7.00am

7.00am-7.30am - EARLY MORNING STRETCH
Wake yourself up with our stretch and relaxation class.
The Retreat (Deck 10) Midship

7.30am - FAB ABS
Get that holiday six pack with this fantastic workout, involving high intensity abdominal training. This class is complimentary, so no excuses.
The Retreat (Deck 10) Midship

8.00am-9.00am - PATHWAY TO YOGA
Great for body and mind, an inspirational workout that will leave you wanting more. Join your Fitness Instructors as they take you through a series of Yoga moves and stretches. Sign up is essential so visit the Gym today! (A nominal fee applies)
Fitness Centre (Deck 9) Forward

8.00am-9.30pm - TRIPLE YOUR INDULGENCE
Choose any 3 full spa services and receive 10% off your first treatment, 20% off your second and 30% off your third. Visit the Oasis Spa for some pampering that will definitely pay off.
Oasis Spa (Deck 9) Forward (Tel:36004)

9.00am - SOCIAL SHORT TENNIS
Sports Nets (Deck 11) Aft - 2 hours

9.00am - TOUR DE CYCLE.
During this unique cycling class, develop your cardiac and physical capacity while increasing your metabolism. Limited spaces are available. Sign-up in the Gym is essential to reserve your bike. (A nominal fee applies)
Fitness Centre (Deck 9) Forward

9.00am-1.00pm - CRUISE HIGHLIGHTS DVD
Complete your memories of this cruise with a copy of the Cruise DVD. Featuring highlights from major on board events and scenes from our incredible destinations. Pre-Order from the Photo Gallery today and receive a free photograph of Arcadia all for just £9.95!
Photo Gallery (Deck 3) Aft

9.30am - TRAVELLING ALONE COFFEE CHAT
A chance to meet with your fellow passengers and some of the Entertainment Team for a friendly chat and a coffee.
The Crow's Nest (Deck 10) Forward

10.00am - BRITISH FUN OF THE FAIR
See front page for details.
Neptune Pool (Deck 9) Midship

10.00am - PORT TALK: TALLINN
See front page for details.
Palladium Theatre (Decks 1, 2 & 3) Forward

10.00am-11.00am - BODY SCULPT BOOT CAMP
An action-packed, fun and guaranteed way to get you results in the shortest time possible. Nominal fee applies.
Fitness Centre (Deck 9) Forward

10.15am - LINE DANCE CLASS FOR BEGINNERS
Come along for some dancing fun and a little 'Yeehaa' (Suitable footwear should be worn)
The Globe (Deck 2) Midship

10.30am - INCH LOSS MADE EASY
Come and find out about Ionithermie, Europe's leading slimming treatment. Lose up to 8 inches in just 1 treatment!
Bay Room (Deck 3) Forward

10.30am - NON HOSTED SHUFFLEBOARD FRIENDLY
Sun Deck (Deck 10) Aft Port Side

11.00am - ICE CARVING DEMONSTRATION
See back page for details.
Neptune Pool (Deck 9) Midship

11.00am - GALLERY TOUR
See front page for details.
Whitewall Gallery (Deck 2) Midship

From 11.00am

11.00am-Noon - HOW TO INCREASE YOUR METABOLISM
Your metabolism decreases by 3% every 10 years due to age. What affects the other 97%? Learn how to increase your energy levels and increase your fat burning potential. A must see presentation for couples as success is eight times greater in pairs.
Fitness Centre (Deck 9) Forward

11.15am - GUEST SPEAKER SIR JEREMY ELWES
London's Livery Companies
The craft guilds of London and the development of Livery Companies. The "Great Twelve" and anecdotes of ceremonies.
Palladium Theatre (Decks 1, 2 & 3) Forward

11.15am - LACQUER LECTURE
See front page for details.
The Globe (Deck 2) Midship

11.15am - DANCE CLASS WITH PHILIP & CHRISTINE DIMENT
Today's new dance is Rock'n'Roll. Don't worry if you missed the previous class, it's all easy. Come along and let your hair down. (Suitable footwear should be worn)
The Retreat (Deck 10) Midship

11.15am - SNOWBALL JACKPOT BINGO
Eyes down for today's exciting session of Bingo. You may purchase your bingo tickets in advance from the Casino. Buy the Value Pack and receive 3 free Bingo tickets for the 5th game.
The Rising Sun (Deck 2) Forward

11.15am-Noon - MID MORNING MELODIES
Enjoy a coffee whilst listening to the live music from Nathalie Topalian.
Piano Bar (Deck 3) Midship

11.30am - TABLE TENNIS COMPETITION
With one of the Entertainment Team. (Suitable footwear should be worn)
Neptune Pool (Deck 9) Midship

11.30am - CHESS GET TOGETHER
If you wish to meet fellow passengers for a game of chess please meet at this time.
Ocean Room (Deck 3) Forward

11.30am - DECK QUILTS COMPETITION
With one of the Entertainment Team.
Sun Deck (Deck 10) Aft Starboard Side

Noon-2.00pm - BBQ LUNCH
See back page for details.
Neptune Pool (Deck 9) Midship

Noon - 5 STEPS TO BEAUTIFUL SKIN
Learn the five simple steps to beautiful skin with our skin care specialist. Free consultations and special offers are available for all who attend today.
The Viceroy Room (Deck 10) Forward

Noon - INDIGO SKY
Enjoy the live sounds of guest band Indigo Sky
Neptune Pool (Deck 9) Midship

Noon - AFTERNOON LOW LIMITS
Join us this afternoon and play Blackjack at a reduced minimum of £2 per hand. If you are a novice player, this is the perfect opportunity to practice your skills.
Monte Carlo Casino (Deck 2) Forward

Noon-2.00pm - PERFECT MATCH DUO
Live music for your listening pleasure with Perfect Match.
Aquarius Pool and Bar (Deck 9) Aft

From 12.15pm

12.15pm - JUGGLING CLASS
Join Entertainment Host Adam and have fun whilst learning a new skill as he teaches you the basics of juggling.
The Globe (Deck 2) Midship

12.15pm - BATTLE OF THE SEXES
Join Paul from the Entertainment Team as he hosts this fun challenge where it's the women versus the men! Who will be the stronger sex?
The Rising Sun (Deck 2) Forward

1.00pm - FLUID RETENTION AND POOR CIRCULATION
Join the experts to find out what causes fluid retention, swollen ankles and poor circulation. Special offers on our exclusive leg therapy treatment to all who attend.
Bay Room (Deck 3) Forward

1.15pm - PROGRESSIVE QUIZ
Entertainment Host Emma invites you to join her for a progressive sea day challenge with points accumulated over each sea day. Who will the winners be? You have to be in it to win it!
Spinnaker Bar (Deck 2) Aft

1.15pm - ARCADIA VOCALISTS
Join Headliners Vocalist Lori and Musician Nathalie for Arcadia's very own fun passenger vocal group. Whether you have never sung before or you are bursting to sing out, come along and join in.
The Globe (Deck 2) Midship

1.45pm - ART THERAPY
Join one of your Entertainment Hosts for a little 'Art Therapy'. Adult colouring is on the rise and a popular past time for many, we have the templates and pencils so come and join the fun and make new friends along the way.
The Rising Sun (Deck 2) Forward

2.00pm - GALLERY TOUR
See front page for details.
Whitewall Gallery (Deck 2) Midship

2.00pm - PORT TALK: HELSINKI
See front page for details.
Palladium Theatre (Decks 1, 2 & 3) Forward

2.00pm - NON HOSTED WHIST & BRIDGE
East (Deck 11) Midship

2.00pm - CRICKET
Hit a six every sea day afternoon with Adam from the Entertainments Team. (Suitable footwear must be worn.)
Sports Nets (Deck 11) Aft

2.00pm - STRESS RELIEF, LONGEVITY & CHINESE MEDICINE
Balance stress, restore health and improve vitality, for a longer life. Ancient remedies for modern ailments. Join us at our seminar today to discover how you can start feeling better today.
The Viceroy Room (Deck 10) Forward

2.00pm-3.00pm - RELIEVING BACK PAIN AND IMPROVING POSTURE
Chiropractor? Medication? Have you tried everything and nothing has worked? Find out a new and effective method to improve your posture and get rid of your pains.
Fitness Centre (Deck 9) Forward

2.15pm - KNIT TO DONATE
Join Assistant Entertainment Manager Nikki and knit a baby bonnet to donate to UK hospitals. We have knitting needles you can borrow and wool is available for purchase at £1.00 per ball.
Ocean Room (Deck 3) Forward

2.15pm - SALSA STEP CLASS
Join one your Headliners team and have fun with the basic steps of Salsa.
The Globe (Deck 2) Midship

From 2.30pm

2.30pm - MUSIC MASTERS
How well do you know your tunes and tracks? Test yourself and join DJ Chris from the Entertainment Team for this fun, lively game of 'Music Masters'
The Rising Sun (Deck 2) Forward

2.30pm - CREATE A HOLIDAY SCRAP BOOK
Why not keep your memories of your adventures in a holiday scrap book? Keep all your favourite Horizon events and add photos and postcards to tell of your cruising journey. Scrapbooks will be available for purchase with Emma from the Entertainment Team at this time.
Bay Room (Deck 3) Forward

2.30pm - NON HOSTED DECK QUILTS FRIENDLY
Sun Deck (Deck 10) Aft Starboard Side

2.30pm - DANCE CLASS WITH PHILIP & CHRISTINE DIMENT
Philip & Christine will be teaching another move in Rock'n'Roll. (Suitable footwear should be worn)
The Retreat (Deck 10) Midship

2.45pm - SHUFFLEBOARD COMPETITION
With one of the Entertainment Team.
Sun Deck (Deck 10) Aft Port Side

3.00pm - BARBERING: SECRETS TO A CLOSE SHAVE
Come and join our on-board barber who covers the facts and fiction on barbering and gives you tips and tricks for that all important close shave!
Oasis Spa (Deck 9) Forward (Tel:36004)

3.15pm - COMEDY CLUB
Are you the comedian of your household and the one telling all the jokes? Or do you just appreciate a good laugh watching comedy? All are welcome at Entertainment Host Paul's afternoon comedy club for fun and laughter.
Ocean Room (Deck 3) Forward

3.15pm - AMBER LECTURE
See front page for details.
Palladium Theatre (Decks 1, 2 & 3) Forward

3.30pm - INTERACTIVE BOWLING
Try your aim in our interactive video bowling game with one of the Entertainment Team.
The Rising Sun (Deck 2) Forward

3.30pm - PARTY DANCE CLASS
For all those young at heart! Join Emma from your Entertainment Team for a fun dance class full of your favourite party dances. It's time to 'Reach for the Stars'
The Retreat (Deck 10) Midship

3.30pm - NON HOSTED TABLE TENNIS FRIENDLY
Neptune Pool (Deck 9) Midship

4.00pm - GUESS THAT TUNE WITH DAVE PETERSON
How well do you know your music, join Cocktail Pianist musician Dave Peterson as he challenges you to guess that tune.
Piano Bar (Deck 3) Midship

4.00pm - CLASSICAL CONCERT WITH FINBARR MALAFRONTÉ
See back page for details.
The Globe (Deck 2) Midship

4.00pm - SOCIAL TENNIS
Sports Nets (Deck 11) Aft

4.00pm-5.00pm - FITNESS CLASS: PURE FORM PILATES
A body conditioning routine for flexibility, strengthening and conditioning. This exercise system combines posture and controlled moves. Our class is mat based and good for all levels. Sign up is essential so visit the Gym today! (A nominal fee applies).
Fitness Centre (Deck 9) Forward



Healthy Option

Give yourself a healthy boost with a glass of freshly squeezed orange juice. Enjoy a large glass for £3 or small one for £2.

Aquarius Bar
(Deck 9) Aft
Neptune Bar
(Deck 9) Midship
Caffe Vivo
(Deck 3) Midship



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for only £22*

*applicable products

Spinnakers
(Deck 2) Aft

The Crow's Nest
(Deck 10) Forward

Caffe Vivo
(Deck 3) Midship

From 4.15pm

4.15pm – THE GREAT DEBATE

Join Entertainment Host Paul for today's Great Debate on Voting Age. Come and voice your opinion and discuss this interesting subject and listen to the views of others.

Ocean Room (Deck 3) Forward

4.15pm – SNOWBALL JACKPOT BINGO

Eyes down for today's exciting session of Bingo. You may purchase your bingo tickets in advance from the Casino. Buy the Value Pack and receive 3 free Bingo tickets for the 5th game.

The Rising Sun (Deck 2) Forward

5.00pm-5.30pm – FITNESS CLASS: LEGS, BUMS, TUMS

This is a free fitness class.

Fitness Centre (Deck 9) Forward

5.30pm – INDIVIDUAL QUIZ

Join one of the Entertainment Team for today's twenty teasers.

Ocean Room (Deck 3) Forward

5.30pm – JEWISH SABBATH

The Viceroy Room (Deck 10) Forward

5.30pm-6.15pm – LAUREN CASEY

Solo entertainer Lauren performs magical music.

Piano Bar (Deck 3) Midship

5.45pm-6.30pm – NATHALIE TOPALIAN

Music at the top with solo entertainer Natalie

The Crow's Nest (Deck 10) Forward

6.30pm – SOFT FOCUS PORTRAITS

See front page for details.

Meridian Upper (Deck 3) Aft

7.30pm – JAMES BOND QUIZ

'For Your Eyes Only!' You are invited to join Special Agent Emma for tonight's theme quiz on 'Bond... James Bond'. A 'Thunderball' of a quiz, which will leave you 'Shaken, Not Stirred!'

The Rising Sun (Deck 2) Forward

7.30pm-8.15pm – LAUREN CASEY

Enjoy a drink and the relaxing sounds of solo entertainer Lauren.

Piano Bar (Deck 3) Midship

7.45pm-8.30pm – THE PAUL JAMES BAND

Great live music with Arcadia's four-piece band.

The Globe (Deck 2) Midship

7.45pm-8.30pm – ROBERT BAKER AT THE PIANO

Join our Musical Director Robert for perfect piano, early evening in the room with a view.

The Crow's Nest (Deck 10) Forward

8.00pm – EVENING BLACKJACK TOURNAMENT

See back page for details.

Monte Carlo Casino (Deck 2) Forward

8.15pm-9.00pm – DAVE PETERSON

Magical melodies with cocktail pianist Dave

Piano Bar (Deck 3) Midship

8.15pm-9.15pm – PERFECT MATCH DUO

Perfect Match play great music in Arcadia's local.

The Rising Sun (Deck 2) Forward

8.30pm – A NIGHT OF A THOUSAND STARS

See front page for details.

Palladium Theatre (Decks 1, 2 & 3) Forward

8.30pm – SOFT FOCUS PORTRAITS

See front page for details.

Meridian Upper (Deck 3) Aft

8.45pm-9.30pm – NATHALIE TOPALIAN

Enjoy great music in the room with a view.

The Crow's Nest (Deck 10) Forward

From 9.00pm

9.00pm-9.45pm – LAUREN CASEY

Enjoy a drink and the relaxing sounds of solo entertainer Lauren.

Piano Bar (Deck 3) Midship

9.30pm – LIARS CLUB

Join the Entertainment Team for a fun game show where we toy with our quirky English language. It is your job to guess who is being slightly verbose, who is angelic and telling the truth, and who will be having a red herring for dinner.

The Rising Sun (Deck 2) Forward

9.30pm-10.15pm – CLUB CLASS WITH THE ARCADIA ORCHESTRA

The Arcadia Orchestra step out of the theatre to play the music they love to play and you love to listen to.

The Crow's Nest (Deck 10) Forward

9.30pm-11.30pm – BLACK TIE BALL

A chance to show off your glamorous formal attire as you dance to the beautiful sounds of The Paul James Band.

Hosted by your Dance Instructors Philip and Christine.

The Globe (Deck 2) Midship

9.45pm-10.30pm – DAVE PETERSON

Enjoy a drink and the relaxing sounds of the piano with cocktail pianist Dave.

Piano Bar (Deck 3) Midship

9.45pm-Midnight – INDIGO SKY

Enjoy a drink and a tune with Indigo Sky.

Spinnaker Bar (Deck 2) Aft

10.15pm-11.15pm – NATHALIE TOPALIAN

Relax with a drink to magical melodies courtesy of solo entertainer Natalie.

The Crow's Nest (Deck 10) Forward

10.30pm – A NIGHT OF A THOUSAND STARS

See front page for details.

Palladium Theatre (Decks 1, 2 & 3) Forward

10.30pm – SYNDICATE QUIZ

Join your Entertainment Hosts for tonight's classic cruising quiz for teams of up to six players.

Ocean Room (Deck 3) Forward

10.30pm – KARAOKE SPOTLIGHT

See back page for details.

The Rising Sun (Deck 2) Forward

10.30pm-11.15pm – LAUREN CASEY

Live music in the heart of Arcadia with solo entertainer Lauren.

Piano Bar (Deck 3) Midship

11.15pm-Midnight – DAVE PETERSON

Enjoy a drink and the relaxing sounds of the piano with cocktail pianist Dave.

Piano Bar (Deck 3) Midship

11.15pm-Midnight – CLUB CLASS WITH THE ARCADIA ORCHESTRA

The Arcadia Orchestra step out of the theatre to play the music they love to play and you love to listen to.

The Crow's Nest (Deck 10) Forward

11.30pm – NIGHT FEVER

Join a member of the Entertainment Team as they play all your favourite floor fillers from the 1960's to the present day. Requests welcome.

The Globe (Deck 2) Midship

11.30pm-12.45am – PERFECT MATCH DUO

Enjoy live music with Perfect Match and a drink in Arcadia's local.

The Rising Sun (Deck 2) Forward

Restaurant Opening Times

The Belvedere (Deck 9) Aft

Continental	6.30am - 7.00am
Full English	7.00am - 11.30am
Lunch	Noon - 3.00pm
Afternoon Snacks (Port Side)	3.00pm - 5.00pm
Themed Dinner - Italian	6.00pm - 9.30pm
Late Night Bites (Starboard side)	10.00pm - 2.00am

Please wear appropriate clothing and proper footwear when using the Buffet.

Meridian Restaurant (Deck 2) Aft

Breakfast	8.00am - 9.30am
Lunch	Noon - 1.30pm
Afternoon Teas	4.00pm - 4.45pm
Dinner (1st Sitting)	6.30pm (Doors close at 6.45pm)
Dinner (2nd Sitting)	8.30pm (Doors close at 8.45pm)

Always Available

Should you not find anything on our dinner menus to suit your palate we are delighted to offer you Grilled Breast of Chicken or Grilled Fillet of Salmon as an alternative.

Meridian Restaurant (Deck 3) Aft

Freedom Dining	6.00pm - 9.30pm
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Neptune Grill (Deck 9) Midship

Light Snacks	3.00pm - 6.00pm
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Caffé Vivo (Deck 3) Midship

	8.00am - 5.00pm
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Select Dining Outlets

Ocean Grill (Deck 2) Midship

	6.00pm - 9.30pm
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Cover charge **£12.95 per person, some dishes carry an additional supplement**

To make a reservation call 30706 between 9.00am - 5.00pm and 88610 between 6.00pm - 10.00pm.

Sindhu (Deck 11) Midship

	6.30pm - 9.30pm
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Cover charge **£15 per person**

To make a reservation call 30706 between 9.00am - 5.00pm and 89317 between 6.00pm - 10.00pm.

Bar Opening Times

Neptune Bar & Pool (Deck 9) Midship	8.00am - 7.00pm
Spinnakers (Deck 2) Aft	8.00am - Late
The Piano Bar (Deck 3) Midship	9.00am - Late
Aquarius Bar (Deck 9) Aft	9.00am - Late*
The Crow's Nest (Deck 10) Forward	10.00am - Late
The Rising Sun (Deck 2) Forward	10.00am - Late
East Bar (Deck 11) Midship	5.00pm - Late
Intermezzo (Deck 2) Midship	5.00pm - Late
The Globe (Deck 2) Midship	7.00pm - Late

* Weather permitting

Shipboard Services

Medical Centre (Deck A) Forward

In an emergency only dial 999.
9.00am-11.00am & 4.00pm-6.00pm

Reception (Deck 1) Atrium

Open 24 Hours

Discover more on board...

Florist (Deck 3) Midship

Order forms are available on (Deck 3) Midship between the Piano Bar and Carat*.

Library & Internet Centre (Deck 3) Midship

8.00am-Noon & 2.00pm-8.00pm

Loyalty & Cruise Sales Desk (Deck 1) Atrium

8.30am-11.45am & 2.30pm-6.00pm

Oasis Spa & Fitness Centre (Deck 9) Forward (Tel: 36004)

8.00am-9.30pm

Photo Gallery (Deck 3) Aft

9.00am-1.00pm

Shore Excursions Desk (Deck 1) Atrium (T: 33073)

9.00am-6.00pm

If you are booked on any tours that involve lunch and you have special dietary requirements, it is essential that you let a member of the team at Explorers know, at least two days prior to the call, so that we may arrange suitable alternatives. These cannot be provided unless arranged in advance.

Slots at Monte Carlo Casino (Deck 2) Forward

10.00am-Late

Tables at Monte Carlo Casino (Deck 2) Forward

Noon-Late

Whitewall Gallery (Deck 2) Midship

10.00am-9.00pm

Tax & Duty-Free Shopping

Carat* London (Deck 3) Midship

10.00am-Noon & 6.00pm-8.30pm

Essentials (Deck 3) Midship

9.00am-10.00pm

Shops (Deck 3) Midship

9.00am-10.00pm

PANDORA has grown to become a much loved, world renowned brand with distinctive products. Come and visit us in the on-board shops where we have a full range now available.

The Screening Room

Suffragette



Rated PG-13 for some intense violence, thematic elements, brief strong language and partial nudity. Running time 106 minutes.

Meryl Streep, Carey Mulligan, Grace Stottor, Helena Bonham Carter, Anne-Marie Duff.

The foot soldiers of the early feminist movement, women who were forced underground to pursue a dangerous game of cat and mouse with an increasingly brutal State.

**9.45am, 12.05pm, 2.15pm,
4.30pm, 8.15pm & 10.30pm**

PLEASE NOTE:
The Screening Room has limited seats and is by ticket only. You can get your tickets from the Library & Internet Centre and may also book tickets one day in advance from 4.00pm. Please note, you may not bring chairs from other venues.

Shipboard Information

Evening Dress Codes

We wish to clarify that evening dress codes apply in all bars and restaurants after 6.00pm each day. On Black Tie nights, the dress code of the evening will be enforced in Intermezzo, Crow's Nest, Meridian Restaurant and Ocean Grill, and in all other venues, a minimum of the Evening Casual dress code is required. This is an open necked shirt and tailored trousers or smart jeans for gentlemen (not shorts) and a dress or casual separates for ladies.

Shhh...

In consideration of your neighbours, when leaving the Theatre in the evenings or when returning to your cabin in the early hours, please take care to keep noise to a minimum. Please also refrain from slamming cupboards and drawers when in your cabins so as not to disturb those around you.

Stay in touch

Calls can be made by pressing the 'Ship to Shore' button on your cabin telephone. This will activate a voice prompt which will assist you in making a ship to shore telephone call. For example: to call the UK dial the number exactly as you would in the UK. To call internationally dial 00 + country code, followed by the area code and number minus the first 0. The charge will be added to the shipboard account of the cabin occupant holding the berth 1 I.D. Please contact the Reception desk, Deck 1 at any time by dialling 5000 should you have any further queries.

Hand washing

You are reminded that in a confined environment such as a ship, viruses can be easily transferred. Hand washing is a simple and effective method of reducing the risk of contamination. In addition we ask you to make use of the alcohol hand gel prior to entering our food service areas.

Amber And Lacquer Event

Today we have a selection of the ancient and mystical stone Amber. It comes in all shapes, designs and styles. Our pieces are hand-made and set in sterling silver. Along with our collection of Lacquer boxes, which are hand painted paper mache boxes and are among the most beautiful and distinctive of Russia's artistic achievements.

9.00am Shops (Deck 3) Midship



Classical Concert With Finbarr Malafronte

A selection of beautiful music, including the tangos of Astor Piazzolla, the Spanish Dances of Enrique Granados and an arrangement of the timeless song "Tears in Heaven" by Eric Clapton.

4.00pm The Globe (Deck 2) Midship



Scenic Norway

The Fjords - beauty only a cruise can reveal. Sail through mythical landscapes, marvel at the midnight sun, climb to the top of snow-capped mountains and explore intriguing towns with roots in Viking times. Book your Nordic adventure today.

**8.30am-11.45am & 2.30pm-6.00pm
Loyalty & Cruise Sales Desks (Deck 1) Atrium**



Corsage Class

Join our talented Florist and learn how to make a beautiful corsage - the perfect accompaniment for your dress for this evening. (A nominal fee applies)

**3.00pm-4.00pm
Spinnaker Bar (Deck 2) Midship**



Karaoke Spotlight

This evening is your chance to sing like a star and dance like a diva! So if you think you're a Shirley Bassey or a Tom Jones, then come along and join your Entertainment Hosts to pick a song, choose a key... any key and sing! The choice is yours!

10.30pm The Rising Sun (Deck 2) Forward



Drink of the day

Cocktail
Martini Royale £6.50

Prosecco & Martini bianco
with Fresh lime juice

Mocktail
Bananaberry Crush £2.65

Fresh banana, Pineapple juice
& strawberry mix

Order from your Bar Steward



Ice Carving Demonstration

Here on Arcadia we have one of the most skilled ice, fruit and vegetable carvers afloat. Today, Jayson Ludovico will be creating works of art before your very eyes.

This is a one-off event, so don't miss out!

11.00am Neptune Pool (Deck 9) Midship



BBQ Lunch with Live Music

Relax with a refreshing Pimms or beer around the pool at our delicious BBQ on deck today with the live sounds of guest band Indigo Sky. The perfect way to start your holiday!

**Noon-2.00pm
Neptune Pool (Deck 9) Midship**



Deadline For Booking Tours In St. Petersburg

As tickets for palaces and performances have to be purchased in advance and lists compiled for the local authorities, it is necessary to close bookings for all tours in St. Petersburg at 6.00pm on Saturday 23rd July. After this time we regret that we cannot make any refunds or changes to booked tours.

**9.00am-6.00pm
Shore Excursions Desk (Deck 1) Atrium**



How Do I Get My Artwork Home?

Whitewall Galleries offers an easy way to transport your new artwork home. All pieces can be delivered to any UK address for only £25. Delivery is fully insured and arranged in advance to make sure that you receive your wonderful new painting in perfect condition.

10.00am Whitewall Gallery (Deck 2) Midship



Tonight's Black Tie Portraits Free B&W

Enjoy the glitz and glamour of Black and White Night with a beautiful Formal Portrait taken by our team of friendly Photographers. Visit the Photo Gallery tomorrow and we will give you a free matching black and white copy of any portrait you purchase. Offer available tomorrow only.

**5.45pm-10.30pm
Atrium (Decks 1, 2 & 3) Midship**



Evening Blackjack Tournament

Pit your wits against your fellow passenger's and hold your nerve against the dealer. No expertise required, just a bit of luck and win up to £100. Qualifying rounds run until 11.30pm, with the final immediately after. Only £5 to enter, enter twice and get a third go free.

8.00pm Monte Carlo Casino (Deck 2) Forward

