

Hands & Feet

	PRICE	DURATION
Add on Gel	£19	15
File and Paint Hands/Feet	£17	15
Gel Soak Off	£15	15
Nail Fix	£19	15
Men's Executive Foot Treatment	£37	25
Men's Executive Hand and Nail Treatment	£37	25
Jessica Gel Nails Shape and Polish Hands/Feet	£43	30
Jessica Prescriptive Manicure	£43	40
Acrylic Nails Infills	£37	45
Champneys Pedicure	£53	50
Jessica Deluxe Manicure La Remedi	£53	50
Acrylic Nails Full Set	£63	80
Champneys Ultimate Foot Transformation	£107	80

Body Treatments

	PRICE	DURATION
Champneys Full Body Exfoliation	£53	25
Clarins Moisture Quencher	£89	50
Champneys Body Radiance	£87	50
Champneys Spa Heaven Cocoon	£87	50
Frigi Thalgo Body Wrap	£89	50
Hammam	£87	50
Clarins Contour Body Shaper	£89	50
3 Algae Detox Wrap	£89	50
Aromaceance Body Wrap	£89	50
Champneys Personalised Hydro Bath Massage	£123	80

Skincare

	PRICE	DURATION
Clarins Express Get Glowing Facial	£27	15
Express Eye and Face Refresher	£54	25
Champneys Pick Me Up Facial	£54	25
Clarins Aromatic Balancer Facial	£89	50
Champneys Collagen Gold Facial	£87	50
Clarins Lifting Replenisher Facial	£89-£123	50-80
Clarins Radiance Reviver Facial	£89-£123	50-80
Champneys Ultimate Age Excellence	£107	80

Beauty

	PRICE	DURATION
All waxing services available from £17		
Brows by Clarins	£33	25
Eyebrow and Eyelash Tint	£27	25
Eyebrow Tint	£19	15
Eyelash Tint	£19	15
Express Lash Extensions	£43	30
Gravity Defying Lash Lift	£53	45
Sun glow tanning by Clarins	£67	40
Make-up by Clarins	£53	45
Make-up Lesson by Clarins	£53	45
Express Age Defying Eyes by Clarins	£27	15
Express Foot Ritual by Clarins	£23	15
Express Hand Facial by Clarins	£23	15

Medi-Spa

	PRICE	DURATION
Botox - Crow's Feet	cost available with consultation	15
Botox - Forehead	cost available with consultation	15
Botox - Frown Lines	cost available with consultation	15
Restylane - Cheek Enhancement	cost available with consultation	45
Restylane - Lip Enhancement	cost available with consultation	45
Restylane - Dermal Fillers	cost available with consultation	45
Restylane - Non Surgical Nose Job	cost available with consultation	45
Restylane - Smokers lines	cost available with consultation	45

Spa Days

	PRICE	DURATION
Champneys Spa Suite Room Hire	£79	60
Champneys Half Day Spa	£269	N/A
Champneys Full Spa Day	£349	N/A

Thermal Suite

	PRICE	DURATION
Thermal Suite Day Pass	£15	N/A
Veranda Cabana Day Pass	£69	N/A
Thermal Suite Cruise Pass	£77	N/A
Veranda Cabana Cruise Pass	£289	N/A

Fitness

	PRICE	DURATION
Four Class Package	£21	5x50
Individual Personal Training	£67	55
Private Pilates 1:1 Session	£67	55
Private Yoga 1:1 session	£67	55
3x Personal Training Sessions	£157	3x50

	PRICE	DURATION
Body Sculpt Boot Camp	£77	4x50
Personal Training for two	£97	55
Kickstart Package	£97	N/A
Fatburner Package	£57	N/A

fitness class schedule available in the spa

Massage

	PRICE	DURATION
Champneys Head in the Clouds	£53	25
Clarins Mother-to-be Massage	£89	50
Clarins Deep Muscle Body Massage	£123	80
Champneys Personalised Massage	£53-£87-£117	25-50-80
Lava Shell Relaxation Massage	£93-£123	50-80
Mother and Daughter Personalised Massage	£174	50
Father and Son Personalised Massage	£174	50
Reflexology - <i>subject to availability</i>	£87-£117	50-80
Shiatsu - <i>subject to availability</i>	£87-£117	50-80
Thai Massage - <i>subject to availability</i>	£87-£117	50-80
Champneys Hot Poultice Massage	£123	80
Marella Massage	£117	80

Hair Services

	PRICE
Men's Haircut	£27
Express Blow Out	£33
Upstyle	£43
Wash and Blow Dry	£39
Wash and Blow Dry (Long)	£49
Cut and Blow Dry	£49
Cut and Blow Dry (Long)	£59
Full Head Highlights	£95
Hair Transformation Treatment	£27
Partial Highlights	£73
Full Head Colour	£59
Root Touch-up	£43

* Hair Colour's do not include blowdry.

Sunbed

	PRICE	DURATION
Sunbed	£4-£8-£30	3-6-30

Couples Treatments

	PRICE	DURATION
Champneys Couples Spa Suite Room Hire	£79	60
Veranda Cabana Couples Day Pass	£99	N/A
Champneys Couples Half Day Spa	£269	N/A
Veranda Cabana Couples Cruise Pass	£289	N/A
Champneys Couples Full Spa Day	£349	N/A
Couples Clarins Deep Muscle Body Massage	£186-£246	50-80
Couples Champneys Personalised Massage	£174-£234	50-80
Couples Lava Shell Relaxation Massage	£186-£246	50-80
Couples Champneys Hot Poultice Massage	£246	80

Teeth Whitening

	PRICE	DURATION
Pearly Whites Teeth Whitening	£89	20
Pearly Whites Teeth Whitening	£143	45

Wellbeing

	PRICE	DURATION
Acupuncture	£97	50
Body Composition Analysis	£27	20
Health Appraisal	£43	30
Fatburner Package	£57	
Posture and Footprint Analysis	£47	30
Food Sensitivity Test	£67	25
Vitamin and Mineral Check	£67	25
Megaboost IV - Vitamin Infusion	£257	55
Vitaglow IV - Vitamin Infusion	£257	55
Slimboost Shot	£53	20

EXPRESS TREATMENTS *Concession area/Deck 7 - subject to availability*

Men's Treatments

	PRICE	DURATION
Men's Beard Trim	£17	15
Back Wax	£27	25
Chest Wax	£27	25
Men's Express Shave by Clarins	£37	25
Men's Luxury Shave by Clarins	£73	50
Clarins Skin Blits Mens Facial	£89	50
Father and Son Personalised Massage	£174	50
Champneys Men's Grooming Experience	£117	80