MAKE SOME NEW FRIENDS IN NASSAU

Ever swim with a dolphin? High-five a sea lion? Or just hang out with a hermit crab? From interactive dolphin and sea lion encounters to snorkeling with tropical fish and other vibrant marine life, we offer plenty of exciting excursions in Nassau. So do something different. Experience something new. And take home a story you'll share for years to come.

NORWEGIAN ESCAPE DAY 7 **MARCH 2, 2018** Nassau, Bahamas

TIP OF THE DAY: Looking for the most convenient way to disembark on Saturday? Choose Self-Assist where you can carry off your own luggage and disembark at your leisure.

PORT BEVERAGE COLLECTION POLICY

To control unauthorized beverages brought on board by guests upon embarkation day or while in any port of call. Unauthorized beverages include: factory sealed water, soda, juice, sports/energy drinks, beer, liquor, wine and champagne. Guests are allowed to bring wine or champagne onboard but will be subject to a corkage fee when consumed on the ship.

BAHAMAS FUN FACT

Today's forecast: Snow. Not really. But back on January 17 in 1977 a cold wave from South Florida brought unnatural winter weather to the Bahamas. Snow fell on the city of Freeport on Grand Bahama Island. It was the only time in history this ever occurred.

GOING ASHORE

As per local laws, no food or dairy products are allowed off or on the vessel in our ports of call. Please carry valid photo ID & your Escape freestyle card when going ashore. If you are on a Norwegian organized Shore Excursion, please read & double check your ticket for the meeting time and location. Smoking in the cruise terminal area is strictly prohibited.

TOP FIVE SHORE EXCURSIONS

- Balmoral Island Beach Break
- Balmoral Island Stingray & Beach Day
- Undersea Snorkel
- Blue Lagoon Tours
- Charm & Beauty of the Bahamas

HOW TO BOOK A SHORE EXCURSION

Don't have a tour on shore? It's not too late to book. Here's how:

- Visit the Shore Excursions Desk Use the digital touchscreens

PORT AGENT INFORMATION

Nassau-Bahamas United Shipping Co. Ltd. 5th Floor Centerville House Bldg. 2nd Terrace Centreville – Nassau, Bahamas Work: (242) 322-1340 / 1/2/3 Email: operations@unitedshippingnassau.com Alfred Dorsett: (242) 427-7721 Email: adorsett@unitedshippingnassau.com

usc_nassau@yahoo.com

GUEST ADVISORY

For your safety and well-being, remember to protect yourself against mosquito bites when going ashore by covering exposed skin with long-sleeves and using the insect repellant containing DEET that is available at the Guest Services Desk.

STAY HEALTHY

Please wash your hands often, especially after using the restrooms. Please sanitize your hands before any meals. In addition, sanitizing dispensers are located outside all restaurants & public areas. If you have a gastro-intestinal issue, please report this immediately by dialing 00 and remain in your stateroom.

TODAY'S HIGHLIGHTS

WIN, LOSE OR DRAW

Time: 11:00a

Place: Atrium, Deck 6, Mid

NINTENDO WII U: OPEN PLAY

Time: 11:30a-12:30p Place: Atrium, Deck 6, Mid

MOVIE: RAIDERS OF THE LOST ARK (PG)

Time: 1:00p

Place: Atrium, Deck 6, Mid

VIDEO WALL TRIVIA: CASTLES & PALACES

Time: 3:30p

Place: Atrium, Deck 6, Mid

CANVAS BY U! PAINTING CLASS

Time: 4:00p (fee applies, max of 15 guests) Place: 5 o'Clock Somewhere Bar, Deck 8, Fwd

LATIN GROOVE WITH IKEBANA DUO

Time: 4:00p-5:00p

Place: Poolside, Deck 16, Mid

IMPORTANT SAFETY INFORMATION

Please be advised that the U.S. Embassy recently published a safety warning for the Bahamas due to an increase in crime against tourists, such as robbery of personal items. Visitors to the Bahamas, like visitors to all foreign countries in the world today, need to be mindful of their personal safety. We recommend that guests not venture too far from tourist areas or in the alternative consider participating in an organized tour. Also, to lower your risk of being a victim of petty theft or crimes, please consider leaving valuables and irreplaceable items in your stateroom. We suggest you avoid wearing expensive jewelry, carry only the cash or credit cards that you will need on each outing and keep your belongings secure and out of sight. This common sense approach and heightened level of awareness will help you pairly your visit today. enjoy your visit today.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

GARDEN CAFE & O'SHEEHAN'S SPECIAL

Tonight's Grill Extravaganza in the Garden Café is a special menu prepared by our culinary team from whole roasted roast leg of lamb on the carving station, grilled pork chops, grilled steak, grilled corvina steaks. Meanwhile, mouthwatering prime rib is being served in O'Sheehan's.